

# LOCALE

FOODIE EDITION

#91

## REMI CRUZ & ALISHA MARIE

TWO PEAS IN A PODCAST

TAKE A **CULINARY TRIP**  
AROUND THE WORLD  
WITHOUT LEAVING SD

OUR ULTIMATE **WEEKEND**  
ESCAPE PACKING LIST  
DRINKS INCLUDED

DANIELLE QUIGLEY AND SUE FAN  
OF **WILD HABIT** ARE MAKING HOME  
DECOR FROM THE FOREST FLOOR





FOODIE /// GUIDE



# Sushi Me Rollin'

JUST ADD SOY SAUCE

**MUST ORDER:**

**AGUACHILE ROLL**

→ Buzz about their Aguachile Roll and their Sushi Raw Bar are what get people over to this Pacific Beach restaurant, but the amazing views—especially at sunset—are what truly have diners saying, “Wow!”

**JRDN RESTAURANT**

723 Felspar St  
San Diego, CA 92109  
858.270.2323  
[www.t23hotel.com](http://www.t23hotel.com)





### All in a Day's Work

**CRYSTAL WHITE, BAKER AND OWNER OF WAYFARER BREAD**

#### EARLY MORNING

→ "Arrive at the bakery at 4:30 a.m., greet the morning baker who has been there since 3:30 a.m. baking croissants. I mix baguettes and begin making bread."

#### MID-MORNING

→ "Drink my fourth cup of coffee of the day and give the pastry display one final glance before opening our front doors. Now's the time to catch up on office work, run errands, check in with local farmers and alter our menu to make use of their offerings."

#### AFTERNOON

→ "Assemble our sandwiches and salads for the afternoon crowd. I'll take a quick break in our back garden and soak up some sun, then begin mixing tomorrow's bread."

#### LATE AFTERNOON

→ "Time to shape the bread, my most relaxing time of the day. This takes a couple hours and is usually accompanied by the soothing tones of Neil Young or Led Zeppelin."

#### EVENING

→ "Once the bread has finished proofing around 7 p.m., it's ready to be rolled into the walk-in refrigerator overnight where it stays before it's baked the next morning. Then I feed the sourdough starter, turn off the lights and skedaddle!"

Photos: JMDN Restaurant; Kambelia Fischer; Himitsu; Luis Meza



#### MUST ORDER:

##### OMAKASE

→ Don't let this sushi bar's oddball neighbors deter you. Sushi lovers rave about everything here, from the sea urchin to their sashimi plates! Throw caution to the wind and let the chef feed you when you order omakase. Reservations recommended.

##### SUSHI OTA

4529 Mission Bay Dr  
San Diego, CA 92109  
858.270.5670  
www.sushiota.com

#### MUST ORDER:

##### SUSHI SET

→ An intimate fusion of the sushi bars of Ginza and the Southern California lifestyle, this low-key sushi spot is a favorite for fresh sushi and sashimi. Their specialty rolls are on point, but their Sushi Set gives you a little bit of everything.

##### HIMITSU

1030 Torrey Pines Rd, Ste G  
La Jolla, CA 92037  
858.263.4463  
www.himitsusd.com

#### MUST ORDER:

##### SASHIMI PLATTER

→ The crispy beef skewers, spicy tuna musubi and shrimp tempura roll are also a few of the favorite things at this Carlsbad establishment. Their seasonal menu is crafted with care from local produce and traceable seafood.

##### THE LAND & WATER CO.

2978 Carlsbad Blvd, Ste 110  
Carlsbad, CA 92008  
760.729.5263  
www.landandwaterco.com

#### MUST ORDER:

##### CASTILLO ROLL

→ The spicy Castillo Roll shares a spot on a fun list of specialty rolls that includes the Chuck Norris, Rollz Royce and Sea Spider. This Old Town sushi spot is a favorite in SD, and they also have vegetarian options!

##### HARNEY SUSHI

3964 Harney St  
San Diego, CA 92110  
619.295.3272  
www.harneysushi.com

### MIND YOUR INTERNATIONAL MANNERS

1

Japan

Avoid setting your chopsticks upright in rice—this is a practice used at memorials to honor the deceased at their deathbed or altar.

2

Italy

Parmigiana-no. It may be a favorite add-on in the US, but Italians suggest keeping the Parm off their pizza and pasta unless the dish calls for it.

3

Russia

Don't pass on the vodka! It's considered rude to decline vodka when offered at meetings, group events or festivities.



From Farm to Sea

#### MUST ORDER:

##### MAHI MAHI TACOS

→ The mahi mahi tacos here are award-winning, but secretly most people are really at PB Shore Club for the Red Bull vodka slushies. Located right on the beach, entertainment is all around, especially with their own events like Wednesday-Night Goldfish Races.

##### PB SHORE CLUB

4343 Ocean Blvd  
San Diego, CA 92109  
858.272.7873  
www.pbshoreclub.com

#### MUST ORDER:

##### SURFY TURFY BURRITO

→ The Surf Turfy Burrito at Park 101 is what people seem to gravitate towards, but it'd be kind of hard not to gravitate towards everything when it's prepared in front of your face in the exhibition kitchen food line. A revolutionary communal dining space, Park 101 is family and pet-friendly with plenty of picnic tables and fun games.

##### PARK 101

3040 Carlsbad Blvd  
Carlsbad, CA 92008  
760.434.2217  
www.park101carlsbad.com